

Map your journey to lifelong proactive health

MyOme looks at your DNA for hidden health risks, helping you and your provider build a personalized care plan to proactively lower those risks before they become health problems.



What does MyOme look for?

- ✓ Signals that may mean you're at-risk for health conditions like heart disease and cancer
- ✓ Clues about how your body may respond to certain medications
- ✓ Risk signs that can go missed by routine checkups alone

What could your personalized care plan look like?

The right screenings at the right time



Prescriptions for medications that work the first time



Tailored diet/exercise plans that reduce your disease risk



What kinds of tests does MyOme offer?

Explore four MyOme Atlas tests, each offering unique insights to help personalize your care. Ask your provider which tests may be right for you.

CURATED SCREEN

Find out if you're at risk for over 40 inherited health conditions

MEDICATION RESPONSE

Learn which medications may work best for you

CARDIOMETABOLIC

Understand your risk for type 2 diabetes and cardiac events like heart attack

CANCER

Uncover your personal risk for cancers like prostate and breast cancer

How does MyOme testing work?



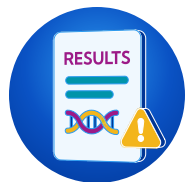
Sample Collection

- **1–2 cheek swabs**
- Collect in-clinic or at-home
- Clear instructions included in your at-home kit



Shipping

- Your samples ship securely to our **certified, clinical-grade lab**
- DNA isolated for whole-genome sequencing
- Your personalized risk analysis is conducted



Results

- Delivered to your provider in 4–5 weeks
- Sent through our **encrypted, HIPAA-compliant** portal
- Your provider walks you through what results mean for you



Genetic Counseling

- **Free genetic counseling** through our independent partner, DNAvisit
- Access to licensed physicians, genetic counselors, and pharmacists
- One-on-one consultation with a personalized explanation of results



Lifelong Health Insights

- Your genomic data is a lifelong asset that is stored securely to support future reanalysis
- When new tests are offered, your provider can request new insights from your existing data—**no new sample required**
- Reanalysis can also provide new insights as science and your health evolve



Privacy at Every Step

- **Your data belongs to you**
- MyOme will never sell or share your data without your permission
- Your data is protected by industry-leading encryption



Take control of your health

Talk to your provider about ordering a MyOme test, or visit our website to learn more.