



Buccal (Cheek) Swab Collection Instructions

Store collected buccal samples at room temperature (15–25°C/59–77°F) and ship within one (1) week after collection.

Step 1. Contents

Open box. Confirm you have the following items:

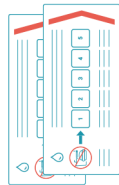
Instructions
For Use (IFU)



2 Labels



2 Buccal
Swab Kits



2 Circle Stickers
to Close Box



Biohazard Bag
with Absorbent
Pad Inside



Bubble Wrap
Bag



Shipping Bag
with Pre-Paid
USPS Label



If your kit is missing an item or you are experiencing difficulties with your kit or collection, please contact us at: clinical@myome.com. Please include in your name, your email, and your kit number (KT-#####), which is located at the bottom of the MyOme box.

Warnings and Precautions

- Read all instructions carefully prior to sample collection; not following instructions may result in inadequate sample and impact DNA yield.
- Choking hazard. Caution should be used when inserting the swab into the mouth.
- If stabilizing liquid comes in contact with eyes or skin, **wash with water**. Do NOT ingest.
- See MSDS at <https://www.dnagenotek.com/US/pdf/PD-MSDS-00021.pdf> (buccal kit OCD-100).
- Manufacturer suggests waiting 15 minutes in between each sample collection. MyOme recommends to use the first swab for one side of the mouth and the second for the opposite side, in which case the 15-minute wait time can be eliminated.



Do NOT eat, drink, smoke, or chew gum **30 minutes** before collecting sample.

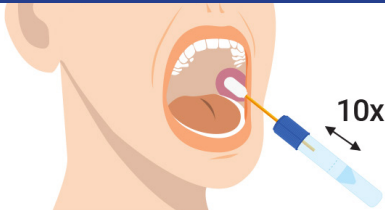


Ensure the sponge tip does NOT come into contact with any surface prior to collection.

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¡Voltea la página!

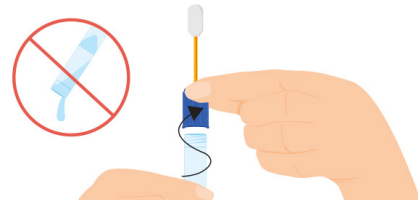
Step 2. Collection

2a



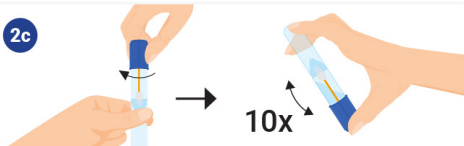
Select one side of the mouth. Open one of the two swab packages provided and remove the collector without touching the sponge tip. Place sponge as far back along the lower gums as possible (see close-up image) and rub gums 10 times back and forth on that side of the mouth. Avoid rubbing the teeth.

2b



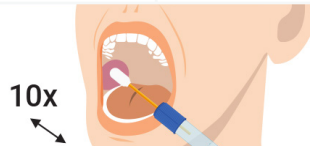
Hold the tube upright to prevent the stabilizing liquid inside the tube from spilling. Unscrew the blue cap from the collection tube without touching the sponge.

2c



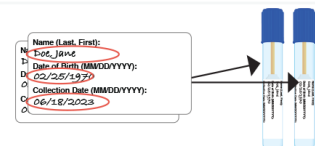
Turn the cap upside down, insert the sponge into the tube, and close cap tightly. Invert the capped tube and shake vigorously 10 times.

2d



Repeat steps 2a to 2c with the **second swab kit on the opposite side of the mouth** for a total of 2 buccal samples collected.

2e



Confirm, correct, or write-in patient name, date of birth, and collection date on all labels. Place completed label on each tube over the existing tube markings.

Step 3. Packaging and Mailing

3a



Place both tubes into the biohazard bag and seal. Do NOT remove the absorbent pad from the bag.

3b



Place the biohazard bag into the bubble wrap. Remove the adhesive strip from the bubble wrap and press to close. Place the bubble wrap into the box.

3c



Seal the box with the circle sticker. Use the extra sticker if needed. Place the box into the pre-labeled return shipping bag.

3d



Drop off the bag at your local Post Office, drop it in a USPS collection box, leave it with your USPS carrier, or schedule a package pickup at www.usps.com.